

# THE DARK SIDE OF SOCIAL MEDIA



## RESOURCE LIST

[www.commonsense  
media.org](http://www.commonsensemedia.org)

[www.protectyounge  
yes.com](http://www.protectyoungeyes.com)

[www.netsmartz.org](http://www.netsmartz.org)

[www.fosi.org/good-  
digital-parenting](http://www.fosi.org/good-digital-parenting)

[www.esrb.org](http://www.esrb.org)

## BIBLIOGRAPHY

- Haidt, Jonathan & Lukianoff, Greg. **The Coddling of the American Mind**. Penguin Random House, 2018.
- Damour, Lisa. **Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls**. Penguin Random House, 2019
- Twenge, Jean. **iGen: Why Today's Super-Connected kids are growing up less rebellious, more tolerant, less happy and completely unprepared for adulthood**. Simon & Schuster, 2017
- FDA (U.S. Food and Drug Administration). 2017. **Reducing Exposure: Hands-free Kits and Other Accessories**. Available: <https://www.fda.gov/Radiation-EmittingProducts/RadiationEmittingProductsandProcedures/HomeBusinessandEntertainment/CellPhones/ucm116293.htm> [accessed 30 October 2018].
- Kersting, Tom. **Disconnected: How To Reconnect Our Digitally Distracted Kids**. CreateSpace Independent Publishing Platform, 2016